

SINGLE AND DOUBLE LIGHTWEIGHT HAMMOCK

HANGING INSTRUCTIONS



Congratulations on the purchase of your new Sierra Designs hammock! In order to familiarize yourself with your new hammock, we recommend you test it before embarking on your wilderness adventure.

STEP 1: FIND TWO TREES

Choose trees that are 10-12 feet apart and can support your weight. Pick healthy and sturdy trees, so you don't harm them.

STEP 2: WRAP 'EM

Wrap each Tree-Saver strap 1-2 times around a wide part of each trunk, approximately five feet off the ground. Thread one end of the loop through the other end, then pull until the Tree-Saver strap is tight around the trunk

STEP 3: ADD THE CARABINERS

Attach a carabiner to the loop on the adjustable end of the Tree-Saver strap. Make sure the carabiner's gate is fully closed before repeating the process on the other Tree-Saver strap.

STEP 4: MAKE IT COMFY

Slide the Tree-Saver straps up or down the trunk of the trees to make the hammock just the right height. Hammock should hang at least 18" from the ground.

STEP 5: MAKE LIKE A TREE AND HANG OUT.

Use your hammock by sitting down slowly in the center.

WARNING: Keep hammock away from children to prevent accidents. Be sure not to exceed maximum weight limit of 400lbs..

LEAVE NO TRACE TIPS

A hammock is a great example of a minimum impact shelter that doesn't alter the natural environment when used properly. **As always, use Leave No Trace practices when recreating outdoors.**

- Always check with local regulations to confirm that the area allows hammocking.
- Set up your hammock at least 200 feet away from any water source. This is critical when protecting riparian zones, the interface between land and water that is essential to plants and other ecosystems.
- Choose your hammock location carefully. Avoid setting up camp where there is sensitive plant life or wildlife habitats. Always check for moss and lichen, and avoid stepping on them entirely.
- Minimize your impact. Always leave your site better than you found it.